

Athyrium distentifolium

Habitus and growth type

Plant height [m]: **0.69**

Life span: **Perennial**

Life form: **Hemicryptophyte**

Leaf

Specific leaf area [mm²/mg]: **29.02**

Flower

Flowering period: **June-September**

Fruit, seed and dispersal

Dispersal mode: **Anemochory**

Dispersal distance class: **5**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Mesic**

Substrate reaction relationship: **Slightly acidic to near-neutral**

Nutrient relationship: **Eutrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **5.8**

Temperature indicator value: **3.1**

Moisture indicator value: **6**

Reaction indicator value: **4.8**

Nutrient indicator value: **5.6**

Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **0.19**

Disturbance frequency (herb layer): **0.91**

Disturbance severity: **0.53**

Disturbance severity (herb layer): **0.16**

Mowing frequency: **0.01**

Grazing pressure: **0.18**

Soil disturbance: **0.08**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [CS \(MUL\) *Mulgedio-Aconitetea*](#)

EUNIS habitat

Diagnostic species of EUNIS habitats: [R56 Montane to subalpine moist or wet tall-herb and fern fringe](#), [S25 Subalpine and subarctic deciduous scrub](#)

Constant species of EUNIS habitats: [R56 Montane to subalpine moist or wet tall-herb and fern fringe](#), [S25 Subalpine and subarctic deciduous scrub](#), [S26 Subalpine *Pinus mugo* scrub](#)

Broad habitat

Occurrence in broad habitats: **Alpine-subalpine and arctic grassland, Scrub, Forest, Sparsely vegetated (incl. rock and scree)**

Distribution

Continentality: **5**

Continentality amplitude: **4**