Adenostyles alpina

Habitus and growth type

Plant height [m]: **0.76**
Life span: **Perennial**
Life form: **Hemicryptophyte**

Flower

Flowering period: **May-August**

Fruit, seed and dispersal

Seed mass [mg]: **1.35**
Dispersal mode: **Anemochory**
Dispersal distance class: **5**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Wet**
Substrate reaction relationship: **Alkaline**
Nutrient relationship: **Eutrophic**
Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Temperature indicator value: **3**
Moisture indicator value: **6.7**
Reaction indicator value: **7.3**
Nutrient indicator value: **7.1**
Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **0.09**
Disturbance frequency (herb layer): **1.15**
Disturbance severity: **0.63**
Disturbance severity (herb layer): **0.15**
Mowing frequency: **0.01**

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Grazing pressure: **0.19**
Soil disturbance: **0.11**

Habitat and sociology

Broad habitat

Occurrence in broad habitats: **Alpine-subalpine and arctic grassland, Scrub, Forest, Sparsely vegetated (incl. rock and scree)**

Distribution

Continentality: **5**
Continentality amplitude: **3**

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