

# *Sideritis*

## Habitus and growth type

Plant height [m]: **0.31**

Life span: **Annual, Perennial**

Life form: **Chamaephyte, Hemicryptophyte, Therophyte**

Spinescence: **spinescent**

## Leaf

Specific leaf area [mm<sup>2</sup>/mg]: **13.58**

## Flower

Flowering period: **March-August**

## Fruit, seed and dispersal

Seed mass [mg]: **1.39**

## Trophic mode

Carnivory: **non-carnivorous**

## Taxon origin

Origin in Europe: **Native**

## Ecology

### Environmental relationships

Substrate humidity relationship: **Dry, Mesic**

Substrate reaction relationship: **Slightly acidic to near-neutral, Alkaline**

Nutrient relationship: **Oligotrophic, Mesotrophic**

Salinity relationship: **Non-saline, Slightly saline or brackish**

## Habitat and sociology

### Broad habitat

Occurrence in broad habitats: **Coastal cliff, Grassland (non-alpine, non-saline), Alpine-subalpine and arctic grassland, Oromediterranean scrub, Scrub, Forest, Sparsely vegetated (incl. rock and scree)**